# Online Internship -Clinical & Counselling Psychology

#### **MISSION:**

The aim is to facilitate understanding of psychiatric disorders along with their treatment and management

#### **PROGRAM OBJECTIVE**

The course is developed as a short term program with basic theoretical and practical inputs in the area of clinical psychology. On completion of the course, the student would have basic understanding of psychiatric disorders, psychological assessments and management.

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# **DURATION OF THE COURSE**

1 month (4 days a week, 2-3 hours a day)

# **ELIGIBILITY CRITERIA**

B.A/B.Sc

M.A/M.Sc Psychology

M.A/M.Sc Applied Psychology

### **COURSE FEE**

Indian Students INR 5000 Overseas Students USD 150

#### **START DATE**

Mid of June 2020

## **CURRICULUM**

#### EXPECTATIONS FROM STUDENTS

**Attendance Policy:** Course of the study must continuously be pursued, unless special exemption is obtained. In case of illness or emergency, the head of the department/ in charge must be notified. The student must obtain a minimum attendance of 80% for certification. Practical training attendance records would be maintained by the mental health department at the hospital.

**Discipline and Code of conduct:** The students will maintain the confidentiality of all information related to patients. The students should follow all the timings strictly and abide by all the rules and regulations of the training programme.

# **MODULES**

The curriculum will be delivered in a series of seminars/ didactic lectures/ case studies. In order to complete the course, the student must successfully complete the duration of internship and the modules imparted.

Module no	1
<b>Module Title</b>	Case History taking
Presented by	Dr R.K. Srivastava
Teaching and Learning	It is desired that each of the students learn the basics of how to take a client's history, and what details to take to aid towards an appropriate diagnosis.
Content	Demographic details, chief complaints, History of present illness. past history, negative history, medical history, family history, personal history, premorbid personality, DF
Assessment & Evaluation	Through teaching and presentations.

Module no	2
<b>Module Title</b>	Mental State Examination ( MSE)
Presented by	Dr. Arvind Gupta
Teaching and Learning	To learn to assess basic cognitive functions to aid towards a diagnosis.
Content	Orientation, attention, memory, intelligence, abstraction, judgment, insight
Assessment & Evaluation	Through teaching and presentations.

Module no	3	
Module Title	Introduction to Psychological Assessments	
Presented by	Richa Ahuja	
Teaching and Learning	It is desired that each of the modules units of theory papers be covered in the form of lectures, seminars, tutorials/topic discussion or review of journal articles as deemed fit depending on content nature of the units.	
Content	Tests of personality, introduction to projective tests, rating scales, introduction to assessment for intellectual functioning and SLD. Rationale for use.,	
	(Just basic introduction and names). Tests will be discussed in more detail in the disorder specific modules	

Assessment &	Through presentations, administration, scoring and
Evaluation	interpretations

Module no	4
<b>Module Title</b>	Intellectual disability
Presented by	Dr. Ashima Srivastava
Teaching and Learning	Demonstrate an understanding of a clinically significant behavioral and psychological syndromes, and differentiate between child and adult clinical features/presentation, and know the basic assessment tests for the same.
Content	Types, clinical features, etiology, assessment and management.
	Assessment tests: MISIC, WISC,WAIS. Gesell's Development schedule, SFBT, DST. VSMS
Assessment & Evaluation	Through presentations and case discussions.

Module no	5
Module Title	Behavioral, emotional and developmental disorders of childhood and adolescence: Specific learning disorderIntellectual disability
Presented by	Dr. Ashima Srivastava
Teaching and Learning	Basic understanding of clinial disorders in General
Content	Specific learning disorder: types, clinical features, etiology and management. DSM and ICD criteria.
	Assessment tests: NIMHANS SLD battery, Brigance etc
Assessment & Evaluation	Through presentations and case discussions.

Module no	6	
<b>Module Title</b>	Behavioral, emotional and developmental disorders of childhood and adolescence: ADHD	
Presented by	Dr. Ashima Srivastava	
Teaching and Learning	Basic understanding of clinial disorders in Child and Adolosents	
Content	Types, clinical features, etiology, assessment and management.	
	Assessment tools: Conners 3 scales; CBCL etc	
Assessment & Evaluation	Through presentations and case discussions.	

Module no	7
Module Title	Autism Spectrum Disorder
Presented by	Dr. Ashima Srivastava
Teaching and Learning	Understanding of ASD
Content	Classification, etiology, assessment and management.
	Assessments: CARS 2 , ISAA, ADOS etc
Assessment & Evaluation	Through presentations and case discussions.

Module no	8	
<b>Module Title</b>	Introduction to Psychotherapy	
Presented by	Ms. Upasana Ravinder	
Teaching and Learning	Brief about Psychotherapy used in clinial setups	
Content	CBT and systematic desensitization	
Assessment & Evaluation	Through presentations.	

Module no	9
Module Title	Anxiety Disorders: GAD
Presented by	Dr. Ashima Srivastava
Teaching and Learning	Basic understanding of specific disorders
Content	Types, clinical features, etiology.
Assessment & Evaluation	Through presentations and case discussions.

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Module no	10
<b>Module Title</b>	Anxiety Disorders: Phobias
Presented by	Dr. Ashima Srivastava
Teaching and Learning	Basic understanding of specific disorders
Content	Assessment and management.
Assessment & Evaluation	Through presentations and case discussions.

Module no	11
<b>Module Title</b>	Obsessive Compulsive Disorder ( OCD)
Presented by	Ms. Upasana Ravinder

Teaching and Learning	Understanding of OCD
Content	Assessment and management.
Assessment & Evaluation	Through presentations.

Module no	12
<b>Module Title</b>	Obsessive Compulsive Disorder ( OCD)
Presented by	Ms. Upasana Ravinder
Teaching and Learning	Understanding of OCD
Content	Assessment and management.
Assessment & Evaluation	Through presentations.

Module no	13
<b>Module Title</b>	Depressive Disorder
Presented by	Ms. Upasana Ravin <mark>der</mark>
Teaching and Learning	Understanding of Depressive Disorders
Content	Types, clinical features, etiology.
Assessment & Evaluation	Through presentations and case discussions.

Evaluation		
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Module no	14	
<b>Module Title</b>	Depressive Disorder	
Presented by	Ms. Upasana Ravinder	
Teaching and Learning	Understanding of Depressive Disorders	
Content	Assessment and management.	
Assessment & Evaluation	Through presentations and case discussions.	

Module no	15
<b>Module Title</b>	CASE DISCUSSIONS
Presented by	Dr. Ashima Srivastava
Teaching and Learning	Understanding of actual cases studies and disorders
Content	Recap of all the disorders through case discussions
Assessment & Evaluation	Through case studies and case discussions.

## **Terms and Conditions**

1. No refund shall be made once the fees is deposited with us

2. You will be issued an E Certificate for this Internship

# For Registration:

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